

August 2018

the

Danby Church News



On the Beach at Valencia
Joaquin Sorolla y Bastida, 1863 - 1923

Genesis 1:21

**21 So God created the great creatures
of the sea
and every living thing with which the
water teems and that moves about
in it, according to their kinds,
and every winged bird according to its
kind.**

And God saw that it was good.



Danby Community Church

*Adding to and Building up
the Kingdom of God*



DANBY COMMUNITY CHURCH
Serving GOD & Community

1859 Danby Rd.
Ithaca, NY 14850

Worship Services:

Sunday – 10am
Music Service, Wed. 7pm
Prayer Hour, Saturday 8am
Tues. & Thurs. 5pm

Office Hours

Tues, Wed, Thurs 10-2pm
607.272.1687

Pastor Ed Enstine
607.592.8276
eenstine@aol.com

www.danbychurch.org
office@danbychurch.org
www.facebook.com/danbychurch

Being Outside by Kevin Loria

Apr. 22, 2018, "Business Insider"

This easily read article lists 12 ways that being outside can better your health. It discusses the studies that prove it. The gains are astonishingly significant in terms of percentages.

- +Walking in nature could improve your short-term memory.
- +Being outdoors has a demonstrated de-stressing effect.
- +Spending time outside reduces inflammation.
- +Enjoying the outdoors helps eliminate fatigue.
- +Outdoor experiences may help fight depression and anxiety.
- +Being outside may protect your vision (myopia)
- +Spending time outside lowers blood pressure.
- +It could improve your ability to focus.
- +You may perform better on creative tasks after being outside.
- +Outdoor sessions may even help prevent cancer.
- +Forests also might boost your immune system.
- +Outdoor time is associated with a lower overall risk of early death.



<http://www.businessinsider.com/why-spending-more-time-outside-is-healthy-2017-7>



***Before, After and During.**
Hopefully all those falls over that step will cease!
May thanks to Dick Hautala, Rollie Boda, Dave Swartout and Ed Brewer.*



About God in Nature

"it has often been said by philosophers, that nature is the will of God. And I prefer to say that nature is the only body of God that we shall ever see." *Frank Lloyd Wright, 1867-1959. American architect, interior designer, writer and educator.*

"Beauty is no dead thing. It is the manifestation of God in nature. There is not one object in nature untouched by man that is not beautiful, for God's manifestation is beauty. It shines through all His works, and not only in those that may give pleasure to man." *Annie Besant, 1847-1933. British socialist, theosophist, women's rights activist, writer and orator.*

"Trust and value your own divinity as well as your connection to nature. Seeing God's work everywhere will be your reward." *Wayne Dyer, 1940-2015. American philosopher, self-help author, and motivational speaker.*

"We had seen God in His splendors, heard the text that Nature renders." *Ernest Shackleton, 1874-1922. Polar explorer who led three British expeditions to the Antarctic. The Trans-Antarctica expedition of 1914-1917 is one of the most incredible adventure stories of all time.*

Around and About

Historic Ithaca visited our church with their Walk & Talk program with the able help of town historian, Mary Ann Barr. The printed program contains a short history of our building. Copies are available in the rack next to the office. We had at least 30 visitors.

Pastor Ed spoke and was quite entertaining as usual. There was a small exhibit in the Townsley Room that represented the 4 churches of Danby. We were honored to have Historian Carol Kammen with us.

The step in front of the altar has been removed. Rollie Boda, Dick Hautala and Dave Swartout spent days removing this stumbling block! Thanks also to Ed Bevin for lending a hand.

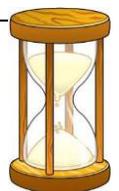
Tom Gray removed and welded the spindles on the gate to the elevator. As in all good repair work, you can't even tell that there was work done! Thank you, Tom!

We had one of the most well attended blood drives ever. Our blood drive registered 18 donors and collected 17 pints of blood. We've been struggling with numbers to keep the blood drive here at the church. Best of all Red Cross has reinstated September's drive. Thanks to Gail Mazourek for putting it into her weekly column.

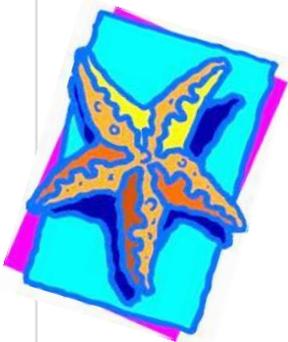
Auguries of Innocence

By William Blake

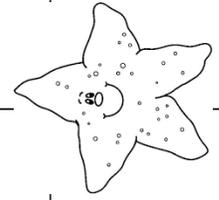
*To see a World in a Grain of Sand
And a Heaven in a Wild Flower
Hold Infinity in the palm of your hand
And Eternity in an hour*



Danby Community Church AUGUST 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11a Tai Chi 7p AA Meeting 7p Sundaes on Wed	2 9a Strength Grp. 5p Hour of Prayer	3	4 8a Hour of Prayer
5 10a Worship Service 11: 30a Coffee Hour	6 9a Strength Grp. 11a Tai Chi 7p Trustees Mtg.	7 5p Hour of Prayer	8 11a Tai Chi 7p AA Meeting 7p Sundaes on Wed	9 9a Strength Grp. 5p Hour of Prayer	10	11 8a Hour of Prayer
12 10a Worship Service 11: 30a Coffee Hour	13 9a Strength Grp. 11a Tai Chi 7p Admin Council	14 5p Hour of Prayer	15 11a Tai Chi 7p AA Meeting 7p Music Service	16 9a Strength Grp. 3p Food Pantry 5p Hour of Prayer	17	18 8a Hour of Prayer
19 10a Worship Service 11: 30a Coffee Hour	20 9a Strength Grp. 11a Tai Chi	21 5p Hour of Prayer	22 11a Tai Chi 7p AA Meeting 7p Music Service	23 9a Strength Grp. 5p Hour of Prayer	24	25 8a Hour of Prayer
26 10a Worship Service 11: 30a Brunch	27 9a Strength Grp. 11a Tai Chi 12p Food Truck 7p SAP	28 5p Hour of Prayer	29 11a Tai Chi 7p AA Meeting 7p Music Service	30 9a Strength Grp. 5p Hour of Prayer	31	



Mister, can you see God?

A boy was taken by his father on a camping trip in the Adirondacks. They hired a guide, left the beaten trails, and spent a week in the heart of the woods. The boy was greatly impressed by the ability of the guide to see all sorts of things invisible to the ordinary eye.

One day, after the guide had been pointing out some of the hidden secrets of nature, the lad asked with an awed voice, "Mister, can you see God?"

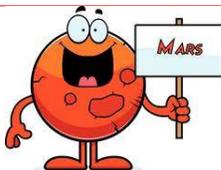
The old man replied, "My boy, it's getting so I can hardly see anything else when I'm out in the woods."

Walter Dudley Cavert



Right now, Mars is not only the brightest it can be, but it's also the nearest it can be to earth. All of that makes it like a headlight in the sky! It is especially red right now because of a massive dust storm.

Look towards the south, and Mars will be above the tree line about 10:30pm. Best view is two hours before first light (around 3:40am EST). Its closest approach is on the night of July 30-31, but it should still be the brightest star in the sky for most of August!



Sundaes on Wednesday

Aug. 1, Aug. 8

**Free ice cream!
Live music at 7pm.**



Rain or Shine!

Aug. 1 – The "Under Construction" Band.
Aug. 8 – Dean Goble Band

Hot dogs and hamburgers for sale earlier.



Ice Cream inside! The first Sundaes on Wednesday event was moved into the church because of heavy rain. We had our burgers and sundaes in Fellowship Hall and laughed at the rain!

Clockwise from left: Sheila and Pastor Ed Enstine, Franny Snyder and on the right Daryl Snyder and John Tottety enjoying good food and good company.

RFP!

If someone has a request for the church's prayer chain, either text or call Judy Cuyle at 279-5089 or e-mail her at gncat87@yahoo.com



Ongoing Programs

Prayer Hours – Tues, Thurs, Sat.
Sr. Strength Training – Mon. & Thurs. 9am
Tai Chi – Mon. & Wed. 11am



Birthdays

- 8-01 Rebecca Lux
- 8-05 Michael Buell, Jr.
- 8-05 Eileen Wilbur
- 8-06 Judy Horton
- 8-07 Dale Horton
- 8-07 Cindee Ball
- 8-10 Lincoln Buell
- 8-11 Garry Huddle
- 8-16 Arianna Lovett
- 8-18 Angela Everhart
- 8-18 Roy Lux
- 8-19 Ryan Cobb
- 8-19 Linda Sczepanski

- 8-20 Pat Swartout
- 8-21 Michael Griffin
- 8-22 Linda Wilson
- 8-23 Paula Nelson
- 8-23 Pam Sackett
- 8-25 Matthew Blaker
- 8-27 Margaret Love

Anniversaries

- 8-07 Robert & Sidney Doan
- 8-20 Garry & Gay Huddle
- 8-21 Thurman & Heather Soyring
- 8-22 Ted & Connie Merritt