

July 2017

the

# Danby Church News

## Danby Community Church

*Adding to and Building up  
the Kingdom of God*



1859 Danby Rd.  
Ithaca, NY 14850

### Worship Services:

Sunday - 10am  
Music Service, Wed. - 7pm

### Prayer Hour:

Saturday - 8am  
Tues & Thurs - 5pm

### Office Hours

Tues, Wed, Thurs 10-2pm  
607.272.1687

### Pastor Ed Enstine

607.592.8276  
[eenstine@aol.com](mailto:eenstine@aol.com)



Corinne Hartley

*But encourage one another day after day, as long as it is still called "Today," so that none of you will be hardened by the deceitfulness of sin.*

*Hebrews 3:13*



[www.danbychurch.org](http://www.danbychurch.org)  
[office@danbychurch.org](mailto:office@danbychurch.org)  
<https://www.facebook.com/danbychurch>



HE WHO GOES ABOUT TO REFORM THE WORLD MUST BEGIN WITH HIMSELF, OR HE LOSES HIS LABOR.

*St. Ignatius of Loyola, founder of the Jesuit Order, 1491-1556*

Pray and look for God's presence in your life. More than 400 years ago, St. Ignatius of Loyola encouraged prayer-filled mindfulness by proposing the Daily Examen.

The Examen is a technique to detect God's presence and to discern his direction for us. Try this version of St. Ignatius' prayer. Jesuits still pray the Examen at noon and night each day.

**1. Become aware of God's presence.** Look back on the events of the day in the company of the Holy Spirit. Ask God to bring clarity and understanding.

**2. Review the day with gratitude.** Gratitude is the foundation of our relationship with God. Walk through your day in the presence of God and note its joys and delights.

**3. Pay attention to your emotions and shortcomings.** We detect the presence of the Spirit of God in the movements of our emotions. Reflect on the feelings you experienced during the day. What is God saying through these feelings?

**4. Choose one feature of the day and pray from it.** Ask the Holy Spirit to direct you to something during the day that is particularly important. It may involve a feeling—positive or negative. It may be a significant encounter with another person or a vivid moment of pleasure or peace. Or it may be something that seems rather insignificant. Look at it. Pray about it.

**5. Look toward tomorrow.** Ask God to give you light for tomorrow's challenges. Pay attention to the feelings that surface. Seek God's guidance. Ask him for help and understanding. Pray for hope.

Find out more (*ctrl + click to follow link*):

<http://www.ignatianspirituality.com/ignatian-prayer/the-examen>

## Using the Jesuit Examen By Sheila Enstine

The April 2017 issue of Guideposts magazine contained an article about Mike Shriver, the author of Pope Francis's biography. A graduate of Loyola University, Mike's first reaction to a publisher's request that he write the biography was "No way." He had too many prior commitments as well as mixed feelings about the Catholic Church. He did respect Pope Francis, however, and decided to pray and do the Jesuit Examen.

Developed by St. Ignatius Loyola, the founder of the Jesuits, the Examen now has several versions (one version is printed elsewhere in this newsletter). In Mike's words, the Examen is "a form of structured prayer...that helps to discern where God is present and leading us."

Do you need to make some decisions in the near future? They don't have to be momentous, life-changing decisions as in Mike Shriver's case. In fact the Examen is intended for daily prayer and its structure naturally leads people to contemplate where God is leading. I've begun using the first (become aware of God's presence) and second (review the day with gratitude) steps myself. This has helped me with my recent commitment to post something positive on Facebook each day.

Social media has a broad reach and depending on what ideas are presented there, we can have a positive or negative influence on the world. As Christians, we're supposed to make a positive difference, and the Examen is helping me do that. I'm amazed at all the good things of the Lord I'm seeing when I review the day—a kind of reverse engineering—and look for God's presence.

This summer, try using the Jesuit Examen, in your prayer time. Then share with people where you saw Christ working and interceding. This will glorify God, encourage others, and lift your spirit as well.



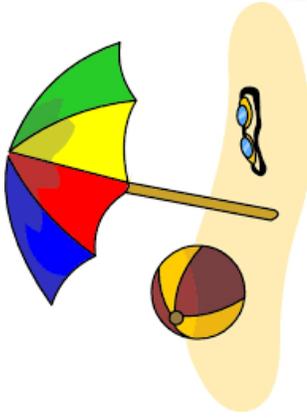
*Bev. Dawson and her daughter, Karen on a visit all the way from Wisconsin.*



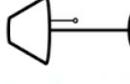
*Left: The end of the year presentation by our Sunday School kids.*

*Photos by Rollie Boda*

# Danby Community Church JULY 2017



Sun	Mon	Tue	Wed	Thu	Fri	
25 10 Worship Service 11:30 Brunch	26 9 Strength Grp. 12p Food Truck 5:30p SAP 7p SPOC Meeting	27 5p Hour of Prayer	28 7p AA Meeting 7p Music & Fellowship	29 9 Strength Grp. 5p Hour of Prayer 7p History Grp.	30 5p Hour of Prayer	Jul 1 8 Prayer Hour
2 10 Worship Service 11:30 Fellowship Time	3 9 Strength Grp. 7p Trustees Meeting	4 5p Hour of Prayer	5 7p AA Meeting 7p Music & Fellowship	6 9 Strength Grp. 12p Sr. Citizens Mtg. 5p Hour of Prayer	7 5p Hour of Prayer	8 8 Prayer Hour
9 10 Worship Service 11:30 Fellowship Time	10 9 Strength Grp. 7p Admin Council	11 5p Hour of Prayer	12 7p AA Meeting 7p Music & Fellowship	13 9 Strength Grp. 5p Hour of Prayer	14 1p BLOOD DRIVE 5p Hour of Prayer	15 8 Prayer Hour
16 10 Worship Service 11:30 Fellowship Time	17 9 Strength Grp. 7p Wm's Fellowship	18 5p Hour of Prayer	19 7p AA Meeting 7p Music & Fellowship	20 9 Strength Grp. 3p Food Pantry 5p Hour of Prayer	21 5p Hour of Prayer	22 8 Prayer Hour
23 10 Worship Service 11:30 Fellowship Time	24 9 Strength Grp. 12p Food Truck 5:30p SAP 7p SPOC Meeting	25 5p Hour of Prayer	26 7p AA Meeting	27 9 Strength Grp. 5p Hour of Prayer 7p History Grp.	28 3p Yard Sale 5p Hour of Prayer	29 8 Prayer Hour 9 Yard Sale
30 10 Worship Service 11:30 Brunch	31 9 Strength Grp.	Aug 1 5p Hour of Prayer	2 6:30p Sundaes on Wed. 7p AA Meeting	3 9 Strength Grp. 12p Sr. Citizens Mtg. 5p Hour of Prayer	4 5p Hour of Prayer	5 8 Prayer Hour





**Fri. July 28, 3-7pm  
&  
Sat. July 29, 9-12pm**

**URGENT NEED!**

**Give Blood**

Friday, July 14, 1-6pm

*Help replenish supplies after July 4<sup>th</sup>.*

*With many donors vacationing and schools that host blood drives on break, summer is an especially difficult time to collect enough blood for patients in need.*



**Sweet Hours**



**of Prayer**

Tues. & Thurs. 5-6pm  
Sat. 8am

*Join us for prayer or Holy Conversation with the Pastor and Elders.*

**The Mystery in our History**

Thurs., July 27 at 7:00 pm

*Help preserve our church records!*



**Our Phone Ministry**

*If you would like to visit by phone weekly, or know someone who would appreciate a call, contact Lyn Aiosa at 564-3560 or valleyviewphoto@juno.com.*



**Sundaes on Wednesdays**

Live Music, Free Ice Cream - 6:30pm  
Hotdogs & Hamburgers for sale!

- Aug. 2 -- Ithaca Concert Band
- Aug. 9 -- Steve Southworth & The Rockabilly Rays  
(music starting at 6pm)
- Aug. 16 - Finger Lakes Pipe Band



We are in need of more prayer shawls or lap blankets. For more information, see Sidney Doan, 272-9080.

**Birthdays**

- 7-01 Christina Buell
- 7-01 Pat Phelps
- 7-06 Jackie Blaker
- 7-07 Caroline Buell
- 7-07 Chris Howe
- 7-08 Linda Howe
- 7-10 Margie VanDeMark
- 7-19 Steven Enstine
- 7-19 Sanford Miller
- 7-20 Sue Howe
- 7-23 Dave Martinez
- 7-26 Timothy Everhart
- 7-28 Heather Soyring
- 7-28 Bernard Hogben
- 7-29 Pat Addy-Schaad



God makes pearls from sand.

**Anniversaries**

- 7-01 Pat & Dave Swartout
- 7-02 Carl & Cindee Ball
- 7-03 Gail Mazourek & Adolf Busse
- 7-11 Bonnie & Lynn Rathbun
- 7-18 Thom & Sallie Fuller
- 7-28 Carl & Barb Mosher



Cathryn Gonzales helps the Praise Team.